L.A.O.F.A.C									METRIC III							L.A.O.F.A.C					
		Ar	chers	Name				М	F	Jnr		Bow type			Date						
Doz.	oz. 50 metres - 122 cm target face End								50 metres - 122 cm target					face End		10's	X's	Score	Total		
1																					
2																					
3																					
										50) met	res di	stanc	e totals	-						
Doz.	40 metres - 122 cm target face End								metre	es - 12	2 cm t	target	face	End	Hits	10's	X's	Score	Total		
4																					
5																					
6																					
										40) met	res di	stanc	e totals	-						
Doz.	30 metres - 80 cm target face End							30 metres - 80 cm targe					face	End	Hits	10's	X's	Score	Total		
7																					
8																					
9																					
										30) met	res di	stanc	e totals	-						
Doz.	20 metres - 80 cm target face End							20) metr	es - 8	0 cm t	arget	face	End	Hits	10's	X's	Score	Total		
10																					
11																					
12																					
										20) met	res di	stanc	e totals	-						
Archer Captain								ain Tota							Hits	10's	X's	TO	TAL		
Sign :- Sign :-							Round =														
L.A.O.F.A.C							METRIC III									L.A.O.F.A.C					

Archers Name									Μ	F	Jnr		Bow	type		Date				
Doz.	50 metres - 122 cm target face End 50								metres - 122 cm target				face	End	Hits	10's	X's	Score	Total	
1																				
2																				
3																				
								50 metres distance total												
Doz.	40 metres - 122 cm target face End 40							metre	es - 12	2 cm 1	target	face	End	Hits	10's	X's	Score	Tota		
4																				
5																				
6																				
									40 metres distance totals						-					
Doz.	30	metr	es - 8	0 cm t	arget	face	End	30 metres - 80 cm target f						End	Hits	10's	X's	Score	Total	
7																				
8																				
9																				
										30) met	res di	stanc	e totals	-					
Doz.	20 metres - 80 cm target face End 20							0 metres - 80 cm target fa					End	Hits	10's	X's	Score	Total		
10																				
11																				
12																				
										20) met	res di	stanc	e totals	-					
Archer Captain												To	tal for	Hits	10's	X's	то	TAL		
Sign :- Sign :-												Ro	und =							